JUNE 27, 2011
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A NIGHT OF PERFORMANCE ART AND VIDEO
IN THE BEAUTIFUL COURTYARD AT LINDEN ROW INN
Friday, July 8, 2011, 8:00 to 10:00 p.m.

SWEAT IT OUT: PERFORMANCE AND VIDEO FOR THE DOG DAYS offers a respite from the dog days of summer. Make your way to the courtyard of Richmond’s historic Linden Row Inn at 100 East Franklin Street and take in an evening of performance art and video by artists from Richmond and beyond. Produced by Richmond artist Michael Lease, this diverse selection of performances and video promises an engaging evening under the leafy boughs in the courtyard of one of Richmond’s tucked away architectural treasures.

PARTICIPATING ARTISTS:

Chris Freeman, a Richmond native now residing in Portland, Oregon, will present his multimedia performance-cum-presentation Dating Advice for Nerdy Boys, a poignant and humorous look at the platonic and amorous pitfalls of a group the artist says is “so normal it is not defined as a group”.

Harrisonburg artist and Associate Professor of Sculpture at James Madison University Greg Stewart, whose exhibition at 1708 Gallery will conclude with this performance, makes portable sculptures and wearable “hides.” For Sweat it Out, Stewart will be suiting up in one of his “hides” and walking from 1708 Gallery at 319 W. Broad Street to Linden Row while pulling behind him one of his sculptures.

Sweat it Out will also feature the work of a number of VCU School of the Arts Students: recent MFA graduate Andrew Brehm will perform a work of endurance; VCU undergraduate student Ha Tran will present her Kiss the Pain Away Kissing Booth; Egbert Vongmalaithong, along with DJ Gravey will lead a 10 minute dance party; Cameron Robinson will serve as “acting” curator; and Alexa Leister-Frazier and Rebecca Henderson will also present work.

Local filmmaker Kevin Gallagher will show his video Green Tunnel, which condenses the artist’s six month, 2200 mile long hike along the Appalachian Trail into a five minute stop motion video, as well as the collaborative, narrative short The Wandering Dance made with Richmond artist Matt Flowers.

Miriam Ewers will show her video Anadyomene Container For The Split, a meticulously made short video that asks questions of being and identity.

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Michael Lease, the producer of *Sweat it Out*, is an artist and has overseen the design and installation of exhibitions at VCU’s Anderson Gallery since 2009. In October 2010 Lease produced *So Long (not Goodbye), A Slow Song for Swifts*, a performance by Jonathan Vassar and the Speckled Bird that was timed to coincide with the twilight roosting of the Chimney Swifts at Grace and Adams streets in downtown Richmond. Lease has exhibited his work both nationally and internationally. Most recently he was the featured artist in the exhibition *Taking Part* at the Athens Institute of Contemporary Art in Athens, Georgia. Lease's participatory photographic project *Send Me the Pillow that You Dream On* will be exhibited at Randolph Macon’s Flippo Gallery in February of 2012. Lease has been a member of 1708 Gallery’s Board of Directors since 2009 and in August, will assume the role of president.

*Sweat it Out: Performance and Video for the Dog Days* at the Linden Row Inn is free and open to the public. Linden Row Inn is located at 100 East Franklin Street, Richmond, VA 23219. For more information about Linden Row Inn please call 804-783-7000 or visit www.lindenrowinn.com.

*Support for Sweat it Out provided by 1708 Gallery, Linden Row Inn and VCUarts Anderson Gallery.*

1708 Gallery is a non-profit arts organization committed to presenting exceptional new art. 1708 Gallery is committed to providing opportunities for artistic innovation for emerging and established artists and to expanding the understanding and appreciation of new art for the public.

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